



FLAME KABOB

www.flamekabob.com

7961 Skyland Ridge Parkway, Suite 110, Raleigh, NC 27617

(919) 596-2525

Traditional Persian Cuisine

Our family owned and operated restaurant reflects the expertise gained from 40 years of "The Restaurant Business". Our delicious dishes are prepared from scratch everyday. We prepare our full-flavored entrees with great attention to quality. You can be assured that dining with us will be like dining at home, without the work and fuss!

All of our meats are Zabiha Halal
Please ask for our Daily Specials
We cater for ALL occasions and size parties
Major Credit Cards Accepted. Gift Certificates Available



Appetizers/Salads

(All Vegetarian)

- Appetizer Deluxe**\$13.99
Eggplant, Hummus and Yogurt Dip, Stuffed Grape Leaves, Feta Cheese and bread.
- Feta Cheese Plate**\$5.99
Feta cheese, cucumbers, tomatoes and walnuts served with tandoori bread.
- Veggie Soup (Ash-e-Reshteh)**\$5.49
Famous Persian soup with spinach, herbs, beans, noodles, mint, onions and garlic topped with cream of whey and sauteed mint.
- Shirazi Salad**\$5.99
Chopped cucumber, tomato, onion, mint with lemon juice and olive oil dressing.
- Garden Salad**Side \$3.99.....Full \$7.99
Lettuce, tomato, onion and cucumber with your choice of dressing.
- Greek Salad**.....\$9.99
Lettuce, tomato, onion, cucumber, feta cheese, olives, and pepperoncini.
- Stuffed Grape Leaves (Dolmeh)**\$5.99
5 Pieces of grape leaves picked off the grape vine stuffed with rice and a variety of herbs served with small cup of yogurt/ranch sauce.
- Hummus Dip**\$6.99
Garbanzo beans (Chickpeas) lightly blended with Tahini Sauce, olive oil, lemon juice and fresh garlic served with homemade Tandoori Bread.
- Eggplant Dip (Kashk-e-Bademjan)**\$7.99
Baked eggplant blended with cream of whey, mint, onion, and garlic served with bread.
- Yogurt Dip (Mast-o-khiyar)**\$6.49
Homemade yogurt with cucumber, onion, garlic and dry mint.
- Mooseer Yogurt (Mast-o-mooseer)**\$7.99
Homemade creamy and thick yogurt mixed with Persian shallots, Pairs beautifully with rice, or as a side dish to any kabobs and stews.
- Premium Lamb Sauce**\$2.89
Lamb gravy pairs well with rice and kabobs, and add to their flavor.
- Pickled Veggie's (Torshi)**\$5.99
Homemade variety of pickled vegetables, patiently aged in vinegar and spices.

15% **Dine-In** service charge will be added to all **Dine-In** orders.



Traditional Persian Dishes

**All dishes, except Kotlet Platter, served with Basmati rice (white or lentil) OR Salad, char-grilled Tomatoes, half of a Tandoori Bread and a small cup of Yogurt OR Lamb Sauce.*

Add an order of side garden salad for only \$3.99.

Substitute your rice with any specialty rice for only additional \$4.99.

***Please ask if you like your kabobs SPICY or well done, meats will be cooked to a medium.*

1. **Koobideh Kabob**.....single \$13.99double \$17.99
Choice of Flame-grilled Ground Beef OR ground spicy Chicken Koobideh.
2. **Chicken Breast Kabob**.....single \$13.99double \$18.99
Boneless chicken breast marinated in yogurt, lemon juice and special house seasonings, flame-grilled.
3. **Bone-in Chicken Kabob (Joojeh)**..... \$16.99
Bone in half chicken, cut into pieces marinated in our house seasonings, flame-grilled.
4. **Beef Tenderloin Kabob (Bargg)**.....\$18.99
Skewered Beef tenderloin marinated in special house seasonings, flame-grilled.
5. **Lamb Kabob (Barreh)**.....\$15.99
Lean pieces of Lamb marinated in lemon juice and house seasonings, flame-grilled.
6. **Lamb Chops (Shishlik)**.....\$26.99
Lamb chops marinated in special house seasonings, flame-grilled.
7. **Lamb Shank (Maheecheh)**.....\$17.99
Tender lamb shank slowly simmered in tomato based aujus, and a blend of spices.
8. **Koobideh & Chicken (Vaziri)**.....\$18.49
Combination of Koobideh kabob and boneless chicken breast kabob, flame-grilled.
9. **Koobideh & Beef Tenderloin or Lamb (Soltani)**\$22.99
Combination Koobideh kabob AND beef OR lamb kabob, flame-grilled.
10. **Chicken Breast & Beef Tenderloin or Lamb**..... \$22.99
Combination of boneless chicken breast and beef tenderloin OR lamb, flame-grilled.
11. **Flame Sampler Combo**.....\$28.99
Combination of 3 skewers of Kabobs: 1 Chicken Breast Kabob, 1 Koobideh Kabob (ground beef OR ground spicy chicken) and 1 skewer of beeftenderloin OR lamb kabob.
12. **Kotlet Platter**\$11.99
3 pieces of ground beef OR veggie patties, house Salad, 1 whole tandoori bread, and a choice of small cup of Yogurt OR Ranch sauce. Add Basmati Rice for only additional \$4.99.

**Dishes may be cooked to order. consuming raw or undercooked meat may increase your risk of foodborne illness.*

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12a. Family Stew Feast Combo.....\$98.99

3 choices of stew (Ghaymeh/Okra/Gormeh Sabzi)
3 lamb shanks
4 orders of white or lentil rice

2 appetizers (Eggplant/Hummus)
2 desserts (Baklava/Napoleon)
3 whole tandoori bread
12 oz. yogurt cucumber sauce



12b. Family Kabob Feast Combo.....\$111.99

5 skewers of Koobideh (chicken/beef)
2 skewers of (beef tenderloin/lamb kabob)
2 skewers boneless chicken breast kabob
4 orders of white or lentil rice

2 appetizers (Eggplant/Hummus)
2 desserts (Baklava/Napoleon)
3 whole tandoori bread
12 oz. yogurt cucumber sauce



**Dishes may be cooked to order. consuming raw or undercooked meat may increase your risk of foodborne illness.*

15% Dine-In service charge will be added to all Dine-In orders.

Specialty Persian Stews

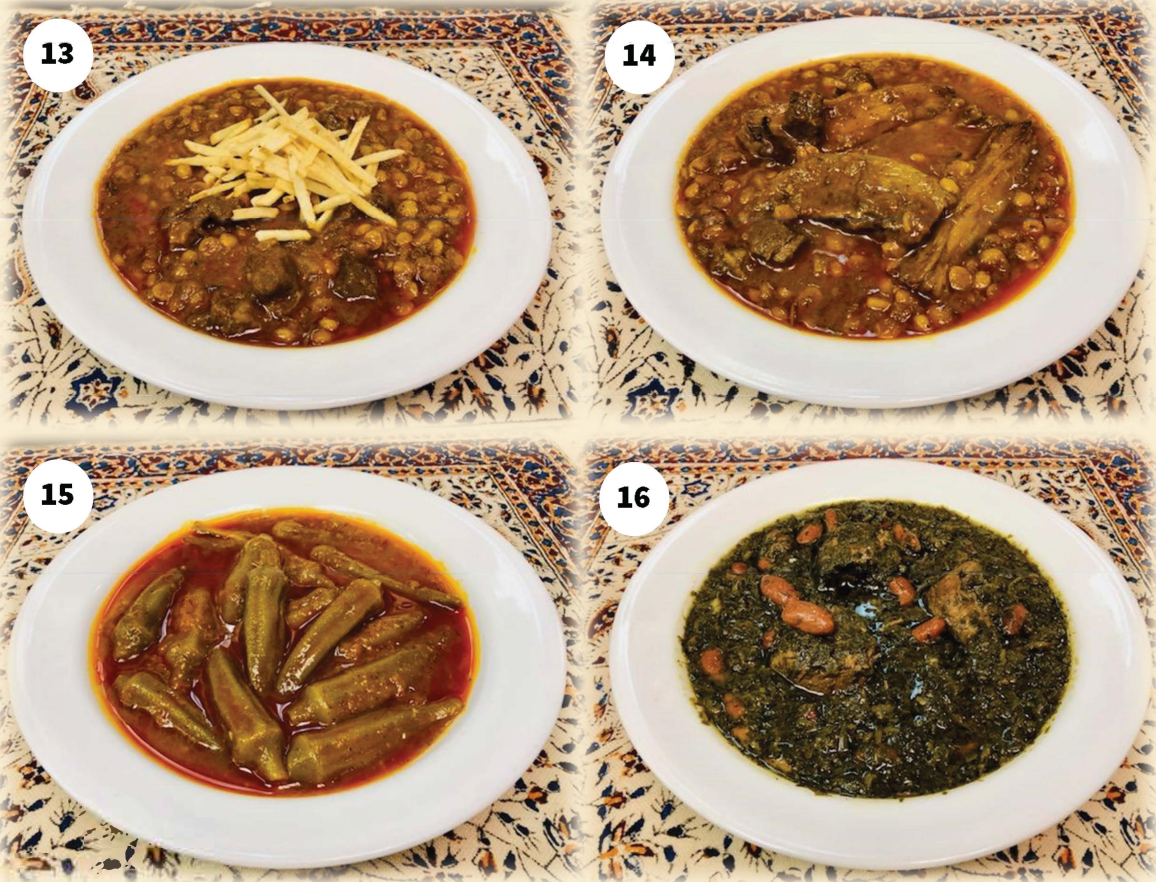
All stews are served with white basmati rice, ½ tandoori bread,
and a small cup of Yogurt **OR** Lamb Sauce.

Add an order of side garden salad for only \$3.99.

Substitute your rice with any specialty rice for only \$4.99.

- 13. Khoresht-e-Gheymeh (Split Pea Stew)\$13.99**
Sauteed beef, yellow split peas and sundried lime simmered together in tomato base sauce and topped with potato sticks.
- 14. Khoresht-e-Gheymeh Bademjaan (Eggplant Stew)\$14.99**
Sauteed beef, yellow split peas and sundried lime simmered together in tomato base sauce and topped with fried eggplant.
- 15. Khoresht-e-Bamyeh (Okra Stew) - Vegetarian.....\$11.99**
Okra simmered in vegan tomato sauce, garlic and Persian spices.
- 16. Khoresht-e-Gormeh Sabzi (The Most Popular Persian Stew)\$15.99**
Sauteed parsley, scallions, spinach, cilantro and other herbs cooked with cubed beef, kidney beans and dried lemon.

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Sandwiches

All sandwiches are wrapped in our clay oven Tandoori Bread with lettuce, tomato, onion, cucumber, yogurt sauce. Spicy sauce by request. Add Feta cheese for \$2.

- 17. **Koobideh Kabob Sandwich**..... single \$10.99double \$14.99
Choice of ground beef or ground spicy chicken.
- 18. **Chicken Breast Kabob Sandwich**... Regular \$10.99..Loaded \$12.99
- 19. **Lamb or Beef Tenderloin Kabob Sandwich**.....\$14.99
- 20. **Veggie Sandwich**.....\$10.99
Choice of veggie burger, eggplant dip or hummus as base.
- 21. **Ground Beef Cutlet Sandwich (Kotlet)**.....\$10.99
Pan fried ground beef patties of potato, egg, onion and Persian spices.

Specialty Rices/Vegetarian

- 22. **Albaloo Polo**\$9.49
Basmati rice with sweetened sour cherries. It is particularly good with chicken.
- 23. **Morasa Polo**\$9.49
Basmati rice topped with sweetened orange peel, carrots, dried red barberries (Zereshk) and made crunchy with pistachios and almonds.
- 24. **Baghali Polo**.....\$9.49
Basmati rice with dill and fava beans.
- 25. **Zereshk Polo**.....\$9.49
Basmati rice studded with tart, dried red barberries.
- 26. **Veggie Kabob(Platter)**.....\$13.99
2 Skewers of grilled mixed vegetables OR 3 veggie burger patties. Served with choice of lentil or white Basmati rice.

15% Dine-In service charge will be added to all Dine-In orders.



Side Items

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| Grilled Mixed Vegetables Single Skewer | \$4.99 |
| <i>(tomato, onion, green pepper, zucchini and squash)</i> | |
| Grilled Tomato or Onion – Per Skewer | \$2.99 |
| Koobideh Kabob (Ground Beef OR Ground Spicy Chicken)..... | \$6.49 |
| Chicken Breast Kabob | \$6.99 |
| Jojuh-Kabob (Bone-in) | \$12.99 |
| Steak Tenderloin Kabob (Bargg) – Single Skewer..... | \$13.99 |
| Lamb Kabob (Barreh)- Single Skewer | \$11.99 |
| Lamb Shank (Maheecheh)..... | \$12.99 |
| Grilled Lamb Chop (Shishlik) | \$18.99 |
| Ground Beef /Veggie Pattie (Per Piece) | \$1.99 |
| Seasoned Fries | \$4.49 |
| Extra Basmati Rice (White or Lentil) | \$5.99 |
| Extra Tandoori Bread | \$2.49 |
| Small Yogurt Sauce or 1oz Our Famous Hot Sauce | \$0.99 |

Desserts

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| Napoleon | \$3.99 |
| <i>Our signature homemade dessert, freshly whipped cream and custard layered in puffpastry dough.</i> | |
| Baklava | \$2.99 |
| <i>Traditional dessert, filo dough filled with walnut, pistachio, and cinnamon.</i> | |
| Chocolate Mousse Cake | \$4.99 |
| <i>Rich, silky dark chocolate mousse.</i> | |
| Persian Ice Cream | \$5.49 |
| <i>Persian saffron ice cream, fragrant with rose water, cardamom and topped with pistachio.</i> | |
| Persian Faloodeh | \$4.99 |
| <i>A typical Persian dessert, made with very thin starch noodles and sweet crushed ice flavored with rose water.</i> | |

Drinks

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| Doogh (Yogurt Drink).....16oz \$2.99...pitcher \$8.99...gallon (take out only) \$15.99 |
| Soda/Iced Tea \$1.99 Lemonade & Exotic Drinks\$3.49 |

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FLAME KABOB

Now you can buy your favorite foods

FRESH-FROZEN

and enjoy it at home with friends and family!



ICE CREAM



FALOODEH



GHORMEH SABZI STEW



GHAYMEH STEW



FESENJOON STEW



FRIED EGGPLANT



HALEEM



CUTLET



KOOBIDEH KABOB "BEEF"



KOOBIDEH KABOB "CHICKEN"

Ask

**FOR MORE
CHOICES**